

Below is a list of statewide school cell phone restrictions, either created by law or policy. Major city or county policies are indicated as well. Your school district or specific school may have policies that restrict cell phone use, please refer to their website for more information.

State	Bill #	Link	Subject	Status	Medical exception?
AL	HB 166	<a href="https://legiscan.com/AL/text/HB166/2025">https://legiscan.com/AL/text/HB166/2025</a>	Cell phone restriction policy	In effect	Yes.
AK	HB 57	<a href="https://www.akleg.gov/PDF/34/Bills/HB0057Z.PDF">https://www.akleg.gov/PDF/34/Bills/HB0057Z.PDF</a>	Must adopt cell phone policy	In effect	Yes.
AR	SB 142	<a href="https://arkleg.state.ar.us/Bills/Detail?id=SB142&amp;chamber=Senate&amp;ddBienniumSession=2025%2F2025R">https://arkleg.state.ar.us/Bills/Detail?id=SB142&amp;chamber=Senate&amp;ddBienniumSession=2025%2F2025R</a>	Cell phone restriction policy	In effect	Yes.
AZ	HB 2484	<a href="https://www.azleg.gov/legtext/57leg/1R/laws/0053.htm">https://www.azleg.gov/legtext/57leg/1R/laws/0053.htm</a>	Cell phone restriction policy	In effect	Yes.
CA	AB 3216	<a href="#">AB 3216: Pupils: use of smartphones.   Digital Democracy (calmatters.org)</a>	Cell phone restriction policy	Effective July 2026	Yes.
CA	n/a	<a href="#">L.A. school district approves strict student cellphone ban - Los Angeles Times</a>	Cell phone restriction policy	In effect	Unclear.
CO	HB 25-1135	<a href="https://leg.colorado.gov/bills/hb25-1135">https://leg.colorado.gov/bills/hb25-1135</a>	Cell phone restriction policy	Effective July 2026	Yes.
CT	n/a	<a href="https://portal.ct.gov/governor/_/media/sde/board/position_statement_cell_phone_use.pdf">https://portal.ct.gov/governor/_/media/sde/board/position_statement_cell_phone_use.pdf</a>	State Board of ED strongly recommends restricting cell phones	In effect	Yes.
DC	n/a	<a href="https://dcps.dc.gov/sites/default/files/dc/sites/dcps/publication/attachments/Student%20Cell%20Phone%20and%20Electronic%20Device%20Policy.pdf">https://dcps.dc.gov/sites/default/files/dc/sites/dcps/publication/attachments/Student%20Cell%20Phone%20and%20Electronic%20Device%20Policy.pdf</a>	Cell phone restriction policy	In effect	Yes.
DE	SB 326	<a href="https://legis.delaware.gov/BillDetail/141568">https://legis.delaware.gov/BillDetail/141568</a>	Cell phone funding pilot	In effect	Unclear.

FL	CS/HB 379	<a href="https://www.flsenate.gov/Session/Bill/2023/379">https://www.flsenate.gov/Session/Bill/2023/379</a>	Cell phone ban	In effect	No.
FL	n/a	<a href="https://www.browardschools.com/wirelessdevices">https://www.browardschools.com/wirelessdevices</a>	Broward County implementing FL state law	In effect	Yes.
FL	n/a	<a href="https://bocanewsnow.com/wp-content/uploads/2024/08/PBC-School-Wireless-Policy.pdf">https://bocanewsnow.com/wp-content/uploads/2024/08/PBC-School-Wireless-Policy.pdf</a>	Palm Beach County implementing FL state law	In effect	Yes.
GA	HB 340	<a href="https://www.legis.ga.gov/api/legislation/document/20252026/237170">https://www.legis.ga.gov/api/legislation/document/20252026/237170</a>	Must adopt a cell phone policy for K-8	In effect	Yes.
HI	N/A	<a href="https://hawaiipublicschools.org/2026-hawaii-board-of-education-adopts-statewide-policy-on-student-cell-phone-use-in-public-schools/">https://hawaiipublicschools.org/2026-hawaii-board-of-education-adopts-statewide-policy-on-student-cell-phone-use-in-public-schools/</a>	Cell phone policy required	Effective 2026-2027 school year	Yes.
ID	n/a	<a href="https://sde.idaho.gov/topics/cell-phone-policy/">https://sde.idaho.gov/topics/cell-phone-policy/</a>	Incentivizing policy, school gets money if they adopt a policy that restricts cell phone use	In effect	Yes, under recommended policy checklist.
IN	SB 185	<a href="https://iga.in.gov/legislative/2024/bills/senate/185/details">https://iga.in.gov/legislative/2024/bills/senate/185/details</a>	Cell phone policy	In effect	Yes.
IA	HF 782	<a href="https://www.legis.iowa.gov/legislation/BillBook?ba=HF%20782&amp;ga=91">https://www.legis.iowa.gov/legislation/BillBook?ba=HF%20782&amp;ga=91</a>	Must adopt cell phone policy	In effect	Yes.
KS	HB 2299	<a href="https://www.kslegislature.gov/li/b2025_26/measures/documents/hb2299_enrolled.pdf">https://www.kslegislature.gov/li/b2025_26/measures/documents/hb2299_enrolled.pdf</a>	Must adopt cell phone policy	In effect	Yes.
KY	HB 208	<a href="https://apps.legislature.ky.gov/record/25rs/hb208.html">https://apps.legislature.ky.gov/record/25rs/hb208.html</a>	Cell phone policy required	In effect	Yes.

LA	Act 313	<a href="https://www.legis.la.gov/legis/ViewDocument.aspx?d=1380785">https://www.legis.la.gov/legis/ViewDocument.aspx?d=1380785</a>	Cell phone ban with exceptions	In effect	Yes.
MA	n/a	<a href="https://www.doe.mass.edu/grants/2024/729/">https://www.doe.mass.edu/grants/2024/729/</a>	Pilot program grant	In effect	No. Up to school what they use the money to do and determine content of the policy.
ME	LD 1234	<a href="https://www.mainelegislature.org/LawMakerWeb/summary.asp?ID=280097793">https://www.mainelegislature.org/LawMakerWeb/summary.asp?ID=280097793</a>	Cell phone policy required	Effective August 2026	No. Up to school district to determine content of the policy.
MI	HB 4141/SB 495	<a href="https://www.legislature.mi.gov/documents/2025-2026/publicact/pdf/2026-PA-0002.pdf">https://www.legislature.mi.gov/documents/2025-2026/publicact/pdf/2026-PA-0002.pdf</a>	Must adopt cell phone policy	Effective 2026-2027 school year	Yes.
MN	HF3782 SF3567	<a href="https://www.revisor.mn.gov/bills/text.php?session=ls93&amp;number=HF3782&amp;session_number=0&amp;session_year=2023&amp;version=list">https://www.revisor.mn.gov/bills/text.php?session=ls93&amp;number=HF3782&amp;session_number=0&amp;session_year=2023&amp;version=list</a>	Requires school districts to adopt policies. Requires state's principal associations to create best practices	In effect	No. Up to school district to determine content of the policy.
MO	SB 68	<a href="https://www.senate.mo.gov/25info/bts_web/bill.aspx?SessionType=R&amp;BillID=422">https://www.senate.mo.gov/25info/bts_web/bill.aspx?SessionType=R&amp;BillID=422</a>	Must adopt cell phone policy	In effect	Yes.
MO	n/a	<a href="https://www.cpsk12.org/family-resources/cell-phone-free-expectations">https://www.cpsk12.org/family-resources/cell-phone-free-expectations</a>	Columbia school district cell phone policy	In effect	Yes.
MS	SB 2151	<a href="https://billstatus.ls.state.ms.us/documents/2025/html/SB/2100-2199/SB2151PS.htm">https://billstatus.ls.state.ms.us/documents/2025/html/SB/2100-2199/SB2151PS.htm</a>	Cell phone restriction policy required	In effect	Yes.
MT	n/a	<a href="https://news.mt.gov/Governors-Office/Governor_Gianforte_Calls_for_Cell_Phone-Free_Schools">https://news.mt.gov/Governors-Office/Governor_Gianforte_Calls_for_Cell_Phone-Free_Schools</a>	Governor recommended policy	In effect	No.

NC	HB 959	<a href="https://www.ncleg.gov/Sessions/2025/Bills/House/PDF/H959v5.pdf">https://www.ncleg.gov/Sessions/2025/Bills/House/PDF/H959v5.pdf</a>	Must adopt cell phone policy	In effect	Yes.
ND	HB 1160	<a href="https://ndlegis.gov/assembly/69-2025/regular/documents/25-0641-04000.pdf">https://ndlegis.gov/assembly/69-2025/regular/documents/25-0641-04000.pdf</a>	Must adopt cell phone policy	In effect	Yes.
NE	LB 140	<a href="https://nebraskalegislature.gov/FloorDocs/109/PDF/Engrossed/LB140.pdf">https://nebraskalegislature.gov/FloorDocs/109/PDF/Engrossed/LB140.pdf</a>	Must adopt cell phone policy	In effect	Yes.
NH	HB 2	<a href="https://www.education.nh.gov/who-we-are/deputy-commissioner/office-governance/legislation/cell-phone-policy">https://www.education.nh.gov/who-we-are/deputy-commissioner/office-governance/legislation/cell-phone-policy</a>	Must adopt cell phone policy	In effect	Yes.
NJ	SB 3695	<a href="https://pub.njleg.gov/Bills/2024/S4000/3695_R3.HTM">https://pub.njleg.gov/Bills/2024/S4000/3695_R3.HTM</a>	Commissioner of Education must create cell phone guidelines	Effective 2026-2027 school year	Yes.
NM	SB 11	<a href="https://www.nmlegis.gov/Legislation/Legislation?chamber=S&amp;legType=B&amp;legNo=11&amp;year=25">https://www.nmlegis.gov/Legislation/Legislation?chamber=S&amp;legType=B&amp;legNo=11&amp;year=25</a>	Must adopt cell phone policy	In effect	Yes.
NV	NRS 392.4637	<a href="https://www.leg.state.nv.us/nrs/nrs-392.html">https://www.leg.state.nv.us/nrs/nrs-392.html</a>	Must adopt cell phone policy	In effect	No. Up to school district to determine content of the policy.
NY	n/a	<a href="https://www.governor.ny.gov/news/distraction-free-schools-governor-hochul-announces-new-york-become-largest-state-nation">https://www.governor.ny.gov/news/distraction-free-schools-governor-hochul-announces-new-york-become-largest-state-nation</a>	Cell phone restriction policy and funding for phone storage	In effect	Yes.
OH	HB 250	<a href="https://education.ohio.gov/Topics/Student-Supports/School-Wellness/Cell-Phones-in-Ohio-Schools">https://education.ohio.gov/Topics/Student-Supports/School-Wellness/Cell-Phones-in-Ohio-Schools</a>	Must adopt cell phone policy	In effect	Yes.

OK	SB 139	<a href="https://www.oklegislature.gov/cf_pdf/2025-26%20ENR/SB/SB139%20ENR.PDF">https://www.oklegislature.gov/cf_pdf/2025-26%20ENR/SB/SB139%20ENR.PDF</a>	One year cell phone ban required, optional after	In effect	Yes.
OR	EO 25-09	<a href="https://www.oregon.gov/ode/educator-resources/teachingcontent/Documents/eo-25-09.pdf">https://www.oregon.gov/ode/educator-resources/teachingcontent/Documents/eo-25-09.pdf</a>	Must adopt cell phone policy	In effect	Yes.
PA	SB 700	<a href="https://www.legis.state.pa.us/cfdocs/billinfo/billinfo.cfm?year=2023&amp;ind=0&amp;body=S&amp;type=B&amp;bn=0700">https://www.legis.state.pa.us/cfdocs/billinfo/billinfo.cfm?year=2023&amp;ind=0&amp;body=S&amp;type=B&amp;bn=0700</a>	Cell phone ban school grants	In effect	No. Funds can be used to purchase cell phone bags. Up to school district to determine content of the policy.
RI	H 5598	<a href="https://webserver.rilegislature.gov/Billtext/BillText25/HouseText25/H5598A.htm">https://webserver.rilegislature.gov/Billtext/BillText25/HouseText25/H5598A.htm</a>	Must adopt cell phone policy	Effective August 2026	Yes.
SC	HB5100	<b>H5100 proviso 1.103</b>	Districts must implement a cellphone policy to receive state aid, State Board of Ed must adopt a model policy.	In effect	No. Up to district/state Board of Education what the exception is. Model policy due in August.
SC	n/a	<a href="https://ed.sc.gov/initiatives/free-to-focus/model-policy/">https://ed.sc.gov/initiatives/free-to-focus/model-policy/</a>	Model cell phone policy	In effect	Yes.
SD	HC 6005	<a href="https://sdlegislature.gov/Session/Bill/25980">https://sdlegislature.gov/Session/Bill/25980</a>	Encourages cell phone policy	In effect	No. Up to school district to determine content of the policy.
TN	HB 0932	<a href="https://wapp.capitol.tn.gov/apps/BillInfo/Default.aspx?BillNumber=HB0932">https://wapp.capitol.tn.gov/apps/BillInfo/Default.aspx?BillNumber=HB0932</a>	Must adopt cell phone policy	In effect	Yes.
TX	HB 1481	<a href="https://legiscan.com/TX/text/HB1481/id/3245604">https://legiscan.com/TX/text/HB1481/id/3245604</a>	Must adopt cell phone policy	In effect	Yes.
UT	SB 178	<a href="https://le.utah.gov/~2025/bills/static/SB0178.html">https://le.utah.gov/~2025/bills/static/SB0178.html</a>	Statewide cell phone restriction	In effect	Yes.

VA	EO 33	<a href="https://www.doe.virginia.gov/home/showpublisheddocument/57403/638621683945370000">https://www.doe.virginia.gov/home/showpublisheddocument/57403/638621683945370000</a>	Cell phone ban	In effect	Yes.
VT	H 480	<a href="https://legislature.vermont.gov/Documents/2026/Docs/ACTS/ACT072/ACT072%20As%20Enacted.pdf">https://legislature.vermont.gov/Documents/2026/Docs/ACTS/ACT072/ACT072%20As%20Enacted.pdf</a>	Must adopt cell phone policy	Effective 2026-2027 school year	Yes.
WA	n/a	<a href="https://ospi.k12.wa.us/sites/default/files/2024-08/cell-phone-and-smart-device-use-schools.pdf">https://ospi.k12.wa.us/sites/default/files/2024-08/cell-phone-and-smart-device-use-schools.pdf</a>	Superintendent recommends cell phone restrictions	In effect	Yes.
WA	n/a	<a href="https://go.boarddocs.com/wa/spokane/Board.nsf/files/D8ETMP78106B/\$file/3245%20Students%20and%20Telecommunication%20Devices%20(SK%20v2%208.8.24).pdf">https://go.boarddocs.com/wa/spokane/Board.nsf/files/D8ETMP78106B/\$file/3245%20Students%20and%20Telecommunication%20Devices%20(SK%20v2%208.8.24).pdf</a>	Spokane cell phone policy	In effect	Yes.
WI	Act 42	<a href="https://docs.legis.wisconsin.gov/2025/related/acts/42">https://docs.legis.wisconsin.gov/2025/related/acts/42</a>	Must adopt cell phone policy	Effective July 2026	Yes.
WV	HB 2003	<a href="https://www.wvlegislature.gov/Bill_Text_HTML/2025_SESSIONS/RS/bills/hb2003%20sub2%20enr.pdf">https://www.wvlegislature.gov/Bill_Text_HTML/2025_SESSIONS/RS/bills/hb2003%20sub2%20enr.pdf</a>	Must adopt cell phone policy	In effect	Yes.
WY	SF 35	<a href="https://wyoleg.gov/2026/Enroll/SF0035.pdf">https://wyoleg.gov/2026/Enroll/SF0035.pdf</a>	Must adopt cell phone policy	Effective July 2026	No.

### The American Diabetes Association Can Help

Is your child being denied access to their phone for diabetes care? Have questions about your school's legal obligations to provide diabetes care to your child? The ADA can help. Call **1-800-DIABETES** (800-342-2383) or email [AskAda@diabetes.org](mailto:AskAda@diabetes.org). If your issue is within our areas of service, you will receive tailored information and guidance from one of ADA's legal advocates. Although the ADA cannot represent you or advocate on your behalf, we can help you understand your child's rights and give you practical tools to solve your problem.

Last updated: April 6, 2026