

Below is a list of statewide school cell phone restrictions, either created by law or policy. Major city or county policies are indicated as well. Your school district or specific school may have policies that restrict cell phone use, please refer to their website for more information.

State	Bill #	Link	Subject	Status	Medical exception?
AL	HB 166	https://legiscan.com/AL/text/HB166/2025	Cell phone restriction policy	In effect	Yes.
AK	HB 57	https://www.akleg.gov/PDF/34/Bills/HB0057Z.PDF	Must adopt cell phone policy	In effect	Yes.
AR	SB 142	https://arkleg.state.ar.us/Bills/Detail?id=SB142&chamber=Senate&ddBienniumSession=2025%2F2025R	Cell phone restriction policy	In effect	Yes.
AZ	HB 2484	https://www.azleg.gov/legtext/57leg/1R/laws/0053.htm	Cell phone restriction policy	In effect	Yes.
CA	AB 3216	AB 3216: Pupils: use of smartphones. Digital Democracy (calmatters.org)	Cell phone restriction policy	Effective July 2026	Yes.
CA	n/a	L.A. school district approves strict student cellphone ban - Los Angeles Times	Cell phone restriction policy	In effect	Unclear.
CO	HB 25-1135	https://leg.colorado.gov/bills/hb25-1135	Cell phone restriction policy	Effective July 2026	Yes.
CT	n/a	https://portal.ct.gov/governor/_/media/sde/board/position_statement_cell_phone_use.pdf	State Board of ED strongly recommends restricting cell phones	In effect	Yes.
DC	n/a	https://dcps.dc.gov/sites/default/files/dc/sites/dcps/publication/attachments/Student%20Cell%20Phone%20and%20Electronic%20Device%20Policy.pdf	Cell phone restriction policy	In effect	Yes.
DE	SB 326	https://legis.delaware.gov/BillDetail/141568	Cell phone funding pilot	In effect	Unclear.

FL	CS/HB 379	https://www.flsenate.gov/Session/Bill/2023/379	Cell phone ban	In effect	No.
FL	n/a	https://www.browardschools.com/wirelessdevices	Broward County implementing FL state law	In effect	Yes.
FL	n/a	https://bocanewsnow.com/wp-content/uploads/2024/08/PBC-School-Wireless-Policy.pdf	Palm Beach County implementing FL state law	In effect	Yes.
GA	HB 340	https://www.legis.ga.gov/api/legislation/document/20252026/237170	Must adopt a cell phone policy for K-8	In effect	Yes.
HI	N/A	https://hawaiipublicschools.org/2026-hawaii-board-of-education-adopts-statewide-policy-on-student-cell-phone-use-in-public-schools/	Cell phone policy required	Effective 2026-2027 school year	Yes.
ID	n/a	https://sde.idaho.gov/topics/cell-phone-policy/	Incentivizing policy, school gets money if they adopt a policy that restricts cell phone use	In effect	Yes, under recommended policy checklist.
IN	SB 185	https://iga.in.gov/legislative/2024/bills/senate/185/details	Cell phone policy	In effect	Yes.
IA	HF 782	https://www.legis.iowa.gov/legislation/BillBook?ba=HF%20782&ga=91	Must adopt cell phone policy	In effect	Yes.
KS	n/a	https://www.ksde.gov/Portals/0/Commissioner/Blue-Ribbon-Task-Force-on-Student-Screen-Time-Report.pdf	Recommended cell phone policy	In effect	No, not specifically stated in recommendation.
KY	HB 208	https://apps.legislature.ky.gov/record/25rs/hb208.html	Cell phone policy required	In effect	Yes.

LA	Act 313	https://www.legis.la.gov/legis/ViewDocument.aspx?d=1380785	Cell phone ban with exceptions	In effect	Yes.
MA	n/a	https://www.doe.mass.edu/grants/2024/729/	Pilot program grant	In effect	No. Up to school what they use the money to do and determine content of the policy.
ME	LD 1234	https://www.mainelegislature.org/LawMakerWeb/summary.asp?ID=280097793	Cell phone policy required	Effective August 2026	No. Up to school district to determine content of the policy.
MI	HB 4141/SB 495	https://www.legislature.mi.gov/documents/2025-2026/publicact/pdf/2026-PA-0002.pdf	Must adopt cell phone policy	Effective 2026-2027 school year	Yes.
MN	HF3782 SF3567	https://www.revisor.mn.gov/bills/text.php?session=ls93&number=HF3782&session_number=0&session_year=2023&version=list	Requires school districts to adopt policies. Requires state's principal associations to create best practices	In effect	No. Up to school district to determine content of the policy.
MO	SB 68	https://www.senate.mo.gov/25info/bts_web/bill.aspx?SessionType=R&BillID=422	Must adopt cell phone policy	In effect	Yes.
MO	n/a	https://www.cpsk12.org/family-resources/cell-phone-free-expectations	Columbia school district cell phone policy	In effect	Yes.
MS	SB 2151	https://billstatus.ls.state.ms.us/documents/2025/html/SB/2100-2199/SB2151PS.htm	Cell phone restriction policy required	In effect	Yes.
MT	n/a	https://news.mt.gov/Governors-Office/Governor_Gianforte_Calls_for_Cell_Phone-Free_Schools	Governor recommended policy	In effect	No.

NC	HB 959	https://www.ncleg.gov/Sessions/2025/Bills/House/PDF/H959v5.pdf	Must adopt cell phone policy	In effect	Yes.
ND	HB 1160	https://ndlegis.gov/assembly/69-2025/regular/documents/25-0641-04000.pdf	Must adopt cell phone policy	In effect	Yes.
NE	LB 140	https://nebraskalegislature.gov/FloorDocs/109/PDF/Engrossed/LB140.pdf	Must adopt cell phone policy	In effect	Yes.
NH	HB 2	https://www.education.nh.gov/who-we-are/deputy-commissioner/office-governance/legislation/cell-phone-policy	Must adopt cell phone policy	In effect	Yes.
NJ	SB 3695	https://pub.njleg.gov/Bills/2024/S4000/3695_R3.HTM	Commissioner of Education must create cell phone guidelines	Effective 2026-2027 school year	Yes.
NM	SB 11	https://www.nmlegis.gov/Legislation/Legislation?chamber=S&legType=B&legNo=11&year=25	Must adopt cell phone policy	In effect	Yes.
NV	NRS 392.4637	https://www.leg.state.nv.us/nrs/nrs-392.html	Must adopt cell phone policy	In effect	No. Up to school district to determine content of the policy.
NY	n/a	https://www.governor.ny.gov/news/distraction-free-schools-governor-hochul-announces-new-york-become-largest-state-nation	Cell phone restriction policy and funding for phone storage	In effect	Yes.
OH	HB 250	https://education.ohio.gov/Topics/Student-Supports/School-Wellness/Cell-Phones-in-Ohio-Schools	Must adopt cell phone policy	In effect	Yes.

OK	SB 139	https://www.oklegislature.gov/cf_pdf/2025-26%20ENR/SB/SB139%20ENR.PDF	One year cell phone ban required, optional after	In effect	Yes.
OR	EO 25-09	https://www.oregon.gov/ode/educator-resources/teachingcontent/Documents/eo-25-09.pdf	Must adopt cell phone policy	In effect	Yes.
PA	SB 700	https://www.legis.state.pa.us/cfdocs/billinfo/billinfo.cfm?year=2023&ind=0&body=S&type=B&bn=0700	Cell phone ban school grants	In effect	No. Funds can be used to purchase cell phone bags. Up to school district to determine content of the policy.
RI	H 5598	https://webserver.rilegislature.gov/Billtext/BillText25/HouseText25/H5598A.htm	Must adopt cell phone policy	Effective August 2026	Yes.
SC	HB5100	H5100 proviso 1.103	Districts must implement a cellphone policy to receive state aid, State Board of Ed must adopt a model policy.	In effect	No. Up to district/state Board of Education what the exception is. Model policy due in August.
SC	n/a	https://ed.sc.gov/initiatives/free-to-focus/model-policy/	Model cell phone policy	In effect	Yes.
SD	HC 6005	https://sdlegislature.gov/Session/Bill/25980	Encourages cell phone policy	In effect	No. Up to school district to determine content of the policy.
TN	HB 0932	https://wapp.capitol.tn.gov/apps/BillInfo/Default.aspx?BillNumber=HB0932	Must adopt cell phone policy	In effect	Yes.
TX	HB 1481	https://legiscan.com/TX/text/HB1481/id/3245604	Must adopt cell phone policy	In effect	Yes.
UT	SB 178	https://le.utah.gov/~2025/bills/static/SB0178.html	Statewide cell phone restriction	In effect	Yes.

VA	EO 33	https://www.doe.virginia.gov/home/showpublisheddocument/57403/638621683945370000	Cell phone ban	In effect	Yes.
VT	H 480	https://legislature.vermont.gov/Documents/2026/Docs/ACTS/ACT072/ACT072%20As%20Enacted.pdf	Must adopt cell phone policy	Effective 2026-2027 school year	Yes.
WA	n/a	https://ospi.k12.wa.us/sites/default/files/2024-08/cell-phone-and-smart-device-use-schools.pdf	Superintendent recommends cell phone restrictions	In effect	Yes.
WA	n/a	https://go.boarddocs.com/wa/spokane/Board.nsf/files/D8ETMP78106B/\$file/3245%20Students%20and%20Telecommunication%20Devices%20(SK%20v2%208.8.24).pdf	Spokane cell phone policy	In effect	Yes.
WI	Act 42	https://docs.legis.wisconsin.gov/2025/related/acts/42	Must adopt cell phone policy	Effective July 2026	Yes.
WV	HB 2003	https://www.wvlegislature.gov/Bill_Text_HTML/2025_SESSIONS/RS/bills/hb2003%20sub2%20enr.pdf	Must adopt cell phone policy	In effect	Yes.

The American Diabetes Association Can Help

Is your child being denied access to their phone for diabetes care? Have questions about your school's legal obligations to provide diabetes care to your child? The ADA can help. Call **1-800-DIABETES** (800-342-2383) or email AskAda@diabetes.org. If your issue is within our areas of service, you will receive tailored information and guidance from one of ADA's legal advocates. Although the ADA cannot represent you or advocate on your behalf, we can help you understand your child's rights and give you practical tools to solve your problem.

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