

Over 40 million Americans live with diabetes and over 115 million have prediabetes, and the epidemic keeps growing. Every 21 seconds, someone in the U.S. is diagnosed with diabetes. With every diagnosis, another American can face terrible complications, including kidney failure, blindness, avoidable amputation, and even death.

The American Diabetes Association® (ADA) is the nation's leading voluntary health organization fighting to end the diabetes epidemic and help people living with diabetes thrive. For over 85 years, the ADA has driven discovery and research to treat, manage, and prevent diabetes while working relentlessly for a cure. We help people with diabetes and related health problems thrive by fighting for their rights and developing programs, advocacy, and education designed to improve their quality of life.

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## The ADA urges the 119<sup>th</sup> Congress to make addressing diabetes and obesity priorities.

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### Support Robust Funding in FY 2027 for Federal Research and Prevention Programs

- **The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK):** Investment in the NIDDK is needed to advance our nation's efforts to develop new and superior treatments, enhance disease detection and management, improve the prevention of diabetes, and ultimately discover a cure.
- **The Division of Diabetes Translation (DDT):** The DDT's mission is to eliminate the preventable burden of diabetes through research and education by translating science into clinical practice. An investment in the DDT allows the Centers for Disease Control and Prevention (CDC) to strengthen surveillance efforts and direct federal funding to national, state, and local evidence-based disease prevention programs.
- **The National Diabetes Prevention Program (National DPP):** The National DPP, an evidence-based intensive lifestyle change program, has been proven to reduce the onset of new diabetes cases in individuals with prediabetes by 58% (71% for those 60 and older).
- **The Division of Nutrition, Physical Activity, and Obesity (DNPAO):** The DNPAO does critical work in research and education and funds state and local evidence-based community programs to address obesity. It also supports nutrition programs and increased physical activity.
- **Reauthorize the Special Diabetes Program (SDP)/Special Diabetes Program for Indians (SDPI) for five years to bolster the programs** for Americans living with diabetes. The SDP provides critical funding for research toward a cure for type 1 diabetes and funding for type 2 diabetes prevention.

### Protect Access to Care

- **Access to health care coverage and affordable medications** like insulin are vital for people with diabetes. Medicaid provides critical access to care and medications and disease management. For people with diabetes, access to care and coverage are necessary to avoid costly hospitalizations and emergency care. The expanded Medicaid work requirements recently passed by Congress will put individuals living with diabetes, particularly those with comorbidities and complications, at risk of losing coverage. We ask that **any implementation guidance consider these comorbidities and complications** that may prevent people with diabetes from being able to meet new work and community engagement requirements.

### Insulin Affordability

- **Support limits on cost-sharing for insulin**, ensuring people with commercial insurance do not have to pay more than \$35 per month for the medication they rely on to survive. We urge Congress to extend the \$35 per month insulin cap to include people with commercial health insurance.

### Expand Access to Diabetes Technology

- **The Centers for Medicare & Medicaid Services** is changing the way continuous glucose monitors (CGMs) and automated insulin pumps are accessed and paid for through the Medicare program. The ADA is **concerned that this approach would reduce choice and eliminate access** to the systems and diabetes technologies that work best for people's individual needs.

#### For more information, contact:

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