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## The American Diabetes Association Hosting Annual Step Out: Arizona

**Scottsdale, AZ. (October 10, 2025)** –On Saturday, October 11, the American Diabetes Association® (ADA) will host its flagship fundraising event of the year at the Arizona Boardwalk in Scottsdale to raise awareness and provide critical support for those affected by diabetes. Step Out®: Arizona will bring together the diabetes community, volunteers, and advocates for a walk for people of all ages and abilities.

The walk benefits diabetes research, education, management, and prevention, supporting the ADA's mission to prevent and cure diabetes and to improve the lives of all people affected by diabetes. Increasingly, this includes those living with obesity, as the Obesity Association™, a division of the ADA, expands outreach and education.

"In Arizona, approximately **668,300** adults are living with diagnosed diabetes and its devastating consequences. Many more don't know they have it. Through our Step Out Walk, we're able to support the ADA's vision of a life free of diabetes and all its burdens by increasing awareness, connecting communities, and raising funds for diabetes prevention and management programs," said Natalia Mihilli, ADA's executive director in Arizona.

The festivities will begin with music, a kids craft station sponsored by Discount Tire, and a wellness village, leading into an opening ceremony to celebrate those coming together to walk for better health, a cure, and a brighter future. The community is invited to participate in a morning filled with engaging activities for everyone, wear red ADA gear, and bring banners and signs to show support for the cause.

Step Out Walk will also provide valuable diabetes resources and experts on-site to provide advice on diabetes management and prevention for attendees.

Diabetes isn't just a disease—it's an epidemic. Over 38 million Americans are living with diabetes and its devastating consequences. Events like this are crucial to raise awareness and provide resources to support those living with diabetes.

This year's Step Out Walk is sponsored by Novo Nordisk and Innovative Diabetic Center. Registration for the event is free. To learn more about the 2025 Step Out: Arizona and register, visit [diabetes.org/StepOutArizona](https://diabetes.org/StepOutArizona).

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**About the American Diabetes Association**

The American Diabetes Association (ADA) is the nation's leading voluntary health organization fighting to end diabetes and helping people thrive. This year, the ADA celebrates 85 years of driving discovery and research to prevent, manage, treat, and ultimately cure diabetes—and we're not stopping. There are 136 million Americans living with diabetes or prediabetes. Through advocacy, program development, and education, we're fighting for them all. To learn more or to get involved, visit us at [diabetes.org](https://diabetes.org) or call 1-800-DIABETES (800-342-2383). Join us in the fight on Facebook ([American Diabetes Association](https://www.facebook.com/AmericanDiabetesAssociation)), Spanish Facebook ([Asociación Americana de la Diabetes](https://www.facebook.com/AsociaciónAmericanaDeLaDiabetes)), LinkedIn ([American Diabetes Association](https://www.linkedin.com/company/american-diabetes-association)), and Instagram ([@AmDiabetesAssn](https://www.instagram.com/AmDiabetesAssn)). To learn more about how we are advocating for everyone affected by diabetes, visit us on X ([@AmDiabetesAssn](https://twitter.com/AmDiabetesAssn)).