



PNW UPDATES

Check it out!

The PNW team got to experience Camp Connection – the first, full day-camp for elementary aged kids living with Type 1 Diabetes!

July is Chronic Disease Awareness Month:

Chronic Disease Awareness Month is dedicated to raising awareness about chronic diseases, promoting prevention and education, and maintaining and furthering access to healthcare. Encourage those in your community to take the Type 2 Risk Test – it only takes 60 seconds and has the potential to save someone's life!

Celebrating the Power of Partnership

We've been reflecting on our journey so far this year and we're feeling deeply thankful for the support and spirit of our PNW community. Your contributions continue to push for advancements in research, care, education, and advocacy. You've shown up for those living with or at risk of diabetes. THANK YOU!

We would also like to thank the **Idaho Potato Commission** for their ongoing partnership and dedication to advancing nutrition education, especially in highlighting how potatoes can be part of healthy eating. Their support and education efforts are making a big impact.

Join us in celebrating this partnership with our Instant Pot Chicken Sausage and Zucchini Stuffed Potato Recipe, and don't forget to look for the ADA logo on your next bag of Idaho Potatoes!



Camp ADA



Summer kicked off with Camp K in Cooper Landing, AK, and Camp Connection in Seattle, WA. ADA camps serve children and youth living with diabetes, teaching them diabetes management skills, building confidence in taking care of their health, and allowing them to connect with other children who share similar experiences.

Camp K in Alaska welcomed over 25 youth living with diabetes, allowing them to experience a traditional summer camp – canoeing and plunging in Kenai Lake, singing songs around the campfire – while staying in a medically safe environment.

Camp Connection in Seattle is an elementary-aged day camp, which provided similar camp opportunities including swimming and water balloon fights, team building games, and allowed campers to see other kids their age with CGMs on their arms, for the first time.

Joyous moments like these are a priceless experience your donations make possible for youth living with diabetes and the families who care for them.

Thank you to the Mat-Su Health Foundation, Alaska Community Foundation, ConocoPhillips, Tulalip Tribes, and Global Credit Union – our 2025 Camp Sponsors and donors. What an impact you have made!

Get Involved with Tour de Cure 2026

Join Our Tour de Cure Experience Committee! Help shape the event by sharing route ideas, supporting volunteers, building teams, and bringing fresh ideas to this growing community fundraiser. Your voice and passion can make a real impact.

Interested in learning more? Contact George Huang at ghuang@diabetes.org.

Register Today and Rally Your Team! Tour de Cure registration is just \$10 through September 10 — don't miss this Early Bird deal! Now's the perfect time to start building your team and make a bigger impact together.

Learn why starting early matters in our latest blog post.

Check out our latest
[Blog Post](#) here!