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The American Diabetes Association's 2025 Step Out: Hawaii Returns to Kapi'olani Regional Park

Honolulu, HI. (May 09, 2025) –The American Diabetes Association® (ADA) is thrilled to host the annual Step Out® Walk in Hawaii at Kapi'olani Regional Park to raise awareness and provide critical support for all people affected by diabetes—one of the fastest growing chronic diseases in the world. This walk will be held on Saturday, May 10.

This year, we have collaborated with iHeart Radio for a staycation giveaway. Once participants enter, they have a chance to win a two-night stay at the White Sands Hotel and support the ADA. More details can be found on Instagram at [@am.ada_hawaii](https://www.instagram.com/am.ada_hawaii).

"We are excited to lace up our shoes and walk together for a cause that hits home for many of us. Each year, the ADA's Step Out Walk here in Hawaii brings people together to advance our mission to prevent and cure diabetes and improve the lives of all people affected by diabetes. Step Out helps us raise critical funds to help bend the curve on diabetes. Mahalo to our generous sponsors and our community for standing with us in this fight to end diabetes," said Naomi Manuel, the ADA's executive director in Hawaii.

Diabetes isn't just a disease—it's an epidemic affecting over 38 million Americans with devastating consequences. In Hawaii, approximately 134,100 adults, or 10.30% of the adult population, have diagnosed diabetes. Every year, an estimated 9,000 adults in Hawaii are diagnosed with diabetes.

This year's Step Out Walk is sponsored by Hawaii-Western Management Group (HWMG), Hawaii Medical Assurance Association (HMAA) and The Queen's Health Systems. Registration for the event is free. To learn more about the 2025 Step Out: Hawaii and register, visit diabetes.org/StepOutHawaii.

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About the American Diabetes Association

The American Diabetes Association (ADA) is the nation's leading voluntary health organization fighting to end diabetes and helping people thrive. This year, the ADA celebrates 85 years of driving discovery and research to prevent, manage, treat, and ultimately cure—and we're not stopping. There are 136 million Americans living with diabetes or prediabetes. Through advocacy, program development, and education, we're fighting for them all. To learn more or to get involved, visit us at diabetes.org or call 1-800-DIABETES (800-342-2383). Join us in the fight on Facebook ([American Diabetes Association](https://www.facebook.com/AmericanDiabetesAssociation)), LinkedIn ([American Diabetes Association](https://www.linkedin.com/company/AmericanDiabetesAssociation)), and Instagram



Step Out. Walk

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