



Individuals living in poverty or areas without access to healthy and affordable foods experience an increased risk of having or developing diabetes.

Since long before the pandemic began, there has been a crisis of food inequality in the states of Arizona and New Mexico, on the Native American Reservations and in the Veteran Community.

Food Box & Bags

- 20 -25 LBS of fresh produce

Education Packet

1. Register for our FREE Living with Type 2 program to take our free survey.
2. Take our FREE type 2 diabetes risk test to learn your risk for diabetes.
3. Free enrolment for children into Project Power Type 2 prevention education.
4. Diabetes food hub and the other informative pieces included in this package to learn some ways to cook the food provided

Healthy Food Boxes & Diabetes Education

Arizona & New Mexico



This collaboration with MoGro and Borderlands will deliver healthy food boxes in the Arizona and New Mexico Communities, Veterans Communities and Native American Reservations. This opportunity specifically targets low-income households that are typically identified as food deserts and where individuals are at higher risk for type 2 diabetes.

In addition to nutritional items, the ADA will include in each box, diabetes-related educational and nutritional information.



diabetes.org | 1-800-DIABETES (602-861-4731)